

ECC Course Matrix 2006

BLS for Healthcare Provider Course

| Course | Modules Available | Length (w/6:1 student: instructor ratio) | Description | Audience | Student Materials | Instructor Materials | Card Type | Written Exam/ Skills Test |
|------------------------------------|---|--|---|--|---|---|--|------------------------------------|
| BLS for Healthcare Providers | Basic Life Support for Healthcare Providers | 4.5 hours approx. | The BLS for Healthcare Providers Course covers core material such as adult and pediatric CPR (including two-rescuer sce- narios and use of the bag mask), foreign-body airway obstruction, and automat- ed external defibrillation. | For healthcare providers such as EMS personnel, physician assistants, doctors, dentists, nurses, and respiratory therapists who must have a credential (card) documenting successful completion of a CPR course. | Basic Life Support for Healthcare Providers Student Manual (80-1010) BLS HCP Student CD | Basic Life Support for Healthcare Providers Instructor Manual (80-1011) BLS HCP Instructor CD BLS HCP DVD (includes Renewal Course) (80-1013) or VHS (80-1012) BLS HCP Renewal VHS (80-1014) BLS HCP Posters (80-1020) AHA Instructor Stopwatch (80-1018) OR BLS HCP Instructor Package (includes instructor manual, one student manual, posters, DVD and stopwatch) (80-1016) | BLS for Healthcare Providers Course Completion Card | Written Exam and Skills Test |

Health & Safety/Workplace Courses

| Course | Modules Available | Length (w/6:1 student: instructor ratio) | Description | Audience | Student Materials | Instructor Materials | Card Type | Written Exam/ Skills Test |
|---------------------------------|---|---|--|--|--|--|---|------------------------------|
| Heartsaver CPR | Adult/Child CPR and Choking <u>Optional:</u> Infant CPR and Choking Adult Child CPR With Mask Infant CPR With Mask | 3 hours approx. 2 hours without Infant CPR | The Heartsaver CPR Course teaches CPR and relief of choking in adults and children, and infant CPR and relief of choking, and use of barrier devices for all ages. | For those who have a duty to respond to a cardiac emergency because of job respon- sibilities or regulatory requirements. | Heartsaver CPR Student Workbook (80-1021) Heartsaver Student CD Adult CPR Reminder Child & Infant CPR Reminder | Heartsaver and Family & Friends Instructor Manual (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver CPR DVD (80-1023) or VHS (80-1022) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018) | Heartsaver CPR Course Completion Card | Skills Test |
| Heartsaver AED | Adult/Child CPR With Mask and Choking Adult/Child AED <u>Optional:</u> Infant CPR With Mask and Choking | 31/2 hours approx. 21/2 hours with- out Infant CPR | The Heartsaver AED Course teaches CPR, AED use, relief of choking in adults and children, and infant CPR and relief of choking, and use of barrier devices for all ages. | For those who have a duty to respond to a cardiac emergency because of job respon- sibilities or regulatory requirements. | Heartsaver AED Student Workbook (80-1024) Heartsaver Student CD Adult CPR & AED Reminder Child & Infant CPR & AED Reminder | Heartsaver and Family & Friends Instructor Manual (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver AED DVD (80- 1026) or VHS (80-1025) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018) | Heartsaver AED Course Completion Card | Skills Test |
| Heartsaver CPR in Schools | Adult/Child CPR and Choking <u>Optional:</u> Adult/Child AED Infant CPR and Choking Adult/Child CPR With Mask Infant CPR With Mask | CPR only: 3 hours approx. 2 hours without Infant CPR With AED: 3 hours, 45 minutes approx. 2 hours, 45 minutes without Infant CPR | The Heartsaver CPR in Schools Course, tailored to middle- and high- school students, teaches CPR and AED use, relief of choking in adults and children, and infant CPR and relief of choking. | For middle- and high- school students seek- ing a credential in CPR and AED. | Heartsaver CPR in Schools Student Workbook (80-1045) Heartsaver Student CD Adult CPR & AED Reminder Child & Infant CPR & AED Reminder | Heartsaver and Family & Friends Instructor Manual (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver CPR in Schools DVD (80-1047) or VHS (80-1046) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018) | Heartsaver CPR in Schools Course Completion Card | Skills Test |

Health & Safety/Workplace Courses

| Course | Modules Available | Length (w/6:1 student: instructor ratio) | Description | Audience | Student Materials | Instructor Materials | Card Type | Written Exam/ Skills Test |
|--------------------------------------|---|--|---|---|---|--|--|--|
| Heartsaver First Aid | Adult First Aid <u>Optional:</u> Environmental Emergencies Adult/Child CPR With Mask Adult/Child AED Infant CPR With Mask | All modules: 7 ½ hours approx. 6½ hours without infant CPR First Aid only: 3½ hours approx. | The Heartsaver First Aid Course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes General Principles, Medical Emergencies, and Injury Emergencies. Optional topics include CPR and AED, and Environmental Emergencies. | For those who have a duty to respond to a first aid or cardiac emergency because of job responsibilities or regulatory require- ments. | Heartsaver First Aid With CPR and AED Student Workbook (80-1058) OR Heartsaver First Aid Student Workbook (80-1042) Heartsaver Student CD Heartsaver First Aid Quick Reference Guide (80-1057) Adult CPR & AED Reminder (only includ- ed with 80-1058) Child & Infant CPR & AED Reminder (only included with 80-1058) | Heartsaver and Family & Friends Instructor Manual (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver First Aid Video DVD (80-1044) or VHS (80-1043) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018) | Heartsaver First Aid Course Completion Card | Written Test (First Aid) Skills Test (CPR and AED) |
| Heartsaver Pediatric First Aid | Pediatric First Aid Asthma Care Training for Childcare Providers Adult/Child CPR With Mask Adult/Child AED <u>Optional:</u> Optional Pediatric First Aid Topics Infant CPR With Mask | 7½ hours approx. 6 ½ hours without infant CPR | The Heartsaver Pediatric First Aid Course teaches how to manage illness and injuries in a child in the first few min- utes until professional help arrives. Topics include First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Optional First Aid Topics, and CPR and AED. | For those involved in child care who have a duty to respond to a first aid emergency because of job respon- sibilities or regulatory requirements, such as child care workers, teachers, foster care workers, camp coun- selors, youth organiza- tions, and coaches for children's sports orga- nizations. | Heartsaver Pediatric First Aid Student Workbook (80-1001) Heartsaver Student CD Heartsaver Pediatric First Aid Quick Reference Guide (80-1002) Adult CPR & AED Reminder Child & Infant CPR & AED Reminder | Heartsaver and Family & Friends Instructor Manual (80-1077) Heartsaver and Family & Friends Instructor CD Heartsaver Pediatric First Aid Video DVD (80-1007)) or VHS (80-1003) Heartsaver Posters (80-1065) AHA Instructor Stopwatch (80-1018) | Heartsaver Pediatric First Aid Course Completion Card | Written Test (First Aid) Skills Test (CPR and AED) |

Community Courses

| Course | Modules Available | Length (w/6:1 student: instructor ratio) | Description | Audience | Student Materials | Instructor Materials | Card Type | Written Exam/ Skills Test |
|--|---|--|---|---|---|--|-----------------------|------------------------------|
| Family & Friends CPR | Adult/Child CPR and Choking <u>Optional:</u> Infant CPR and Choking | 2 ¹ / ₂ hours approx. 1 hour, 15 minutes with- out Infant CPR Infant Only: 1 hour, 15 minutes approx. | The Family & Friends CPR program teaches how to perform CPR in adults, children, or infants and how to help an adult, child, or infant who is choking. | Family members, friends and members of the general commu- nity who want to learn CPR but do not need a course completion card. This program also can be a non-credentialed option for middle- and high-school students. | Family & Friends CPR Student Book (80-1027) Adult CPR Reminder Infant & Child CPR Reminder | Heartsaver and Family & Friends Instructor Manual (80-1077) Heartsaver and Family & Friends Instructor CD Family & Friends CPR DVD (80-1031) or VHS (80-1030) Heartsaver Posters (80-1065) | Participation Card | None |
| Family & Friends First Aid for Children | Child First Aid and Environmental Emergencies | 45 minutes approx. | The new Family &Friends First Aid for Children program teaches how to manage illness and injuries in a child for the first few minutes until professional help arrives. This program covers such topics as preventing injuries, recognizing and treating basic first aid emergencies, and relief of choking in infants and children. | For those caring for infants and children, such as family members, babysitters, and others providing in-home care, who want basic first aid information but who do not need a course completion credential. | Family & Friends First Aid for Children Student Book (80-1034) | Heartsaver and Family & Friends Instructor Manual (80-1077) Heartsaver and Family & Friends Instructor CD Family & Friends First Aid for Children DVD (80-1032) or VHS (80-1033) | Participation Card | None |

| Course | Modules Available | Length (w/6:1 student: instructor ratio) | Description | Audience | Student Materials | Instructor Materials | Card Type | Written Exam/ Skills Test |
|-------------------------------------|--|--|---|--|--|------------------------------|---|------------------------------------|
| ACLS for Healthcare Providers | Advanced Cardiovascular Life Support | 8-16 hours approx. | The ACLS Provider Course is designed to teach providers the knowl- edge and skills needed to evaluate and manage the first 10 minutes of an adult VF/VT arrest. Students are expected to learn to man- age 10 core ACLS cases: respiratory emergency, 4 types of cardiac arrest (simple VF/VT, complex VF/VT, PEA, and asys- tole), 4 types of prearrest emer-gencies (bradycar- dia, stable tachy cardia, unstable tachycardia, and acute coronary syndromes), and stroke. | Emergency, intensive care, or critical care personnel; emergency medical providers such as physicians, nurses, EMTs, paramedics, respiratory therapists; and other profession- als who may need to respond to a cardio- vascular emergency | ACLS Provider Manual or ACLS: The Reference Textbook <u>Strongly</u> <u>recommended</u> : ECC Handbook | ACLS Instructor Manual | ACLS Course Completion Card | Written Test and Skills Test |
| ACLS EP | Advanced Cardiovascular Life Support for Experienced Providers | 9-10 hours approx. | The ACLS Experienced Provider Course is designed for seasoned ACLS providers who wish to renew their pro- vider status. The course provides a stimulus for expert clinicians and scientists to identify and discuss resuscitation in special circumstances. | Professionals, clinicians, and scientists who must respond to cardio- vascular emergencies and special resusci- tation situations in the workplace | ACLS: The Reference Textbook <u>Strongly</u> <u>recommended</u> : ECC Handbook | ACLS EP Instructor Manual | ACLS EP Course Completion Card | Written Test and Skills Test |

Advanced Cardiovascular Life Support Courses

Pediatric Advanced Life Support Courses

| Course | Modules Available | Length (w/6:1 student: instructor ratio) | Description | Audience | Student Materials | Instructor Materials | Card Type | Written Exam/ Skills Test |
|--|------------------------------------|--|---|---|--|-------------------------|--------------------------------------|------------------------------------|
| Pediatric Advanced Life Support | Pediatric Advanced Life Support | 14 hours approx. | The goal of the PALS Provider Course is to teach students how to recognize infants and children at risk for cardiopulmonary arrest, to provide students with strategies for preventing cardiopulmonary arrest in infants and children, and to teach students how to perform the cognitive and psychomotor skills for resuscitating and stabiliz- ing infants and children in respiratory failure, shock, or cardiopulmonary arrest. Skills in bag-mask ven- tilation, management of airway, defibrillation and cardioversion, use of AEDs for children older than 1 year, and rhythm manage- ment are emphasized. A modular approach is provided. | Pediatricians, house staff, emergency physicians, fam- ily physicians, nurses, paramedics, respiratory therapists, and other healthcare providers who are responsible for responding to emer- gencies in infants and children | PALS Provider Manual <u>Strongly</u> <u>recommended</u> : ECC Handbook | PALS Instructor Manual | PALS Course Completion Card | Written Test and Skills Test |