

Interim Training Materials:

Heartsaver® Pediatric First Aid Lesson Map Changes

Date: August 12, 2011
For Instructors Only



Purpose

These instructions will help you as a Heartsaver Instructor to update current (2006) Heartsaver Pediatric First Aid course materials with science from the *2010 AHA Guidelines for CPR and ECC*.

The Interim Training Materials may be used until new product lines are released. You must complete the 2010 Science Update for Heartsaver Instructors and begin including the 2010 Guidelines science in all courses by March 1, 2011.

Instructor Preparation

As a Heartsaver Instructor, you should be prepared to answer students' questions about the *2010 AHA Guidelines for CPR and ECC*. Therefore, you should review the Interim Training Materials, the *2010 AHA Guidelines for CPR and ECC*, and the *Highlights of the 2010 AHA Guidelines for CPR and ECC* ("Guidelines Highlights") before the course. You must complete the 2010 Science Update for Heartsaver Instructors before adding the 2010 Guidelines science into your courses.

2 Weeks Before Class

Ensure that students have the following materials:

1. 2006 Heartsaver Pediatric First Aid Student Workbook
2. Optional: 2010 Guidelines Highlights (available at www.heart.org/cpr)

Day of Class Materials List for Instructors

A. Required materials:

1. 2006 Heartsaver Instructor Manual, specifically Heartsaver Pediatric First Aid Lesson Maps
2. 2006 Heartsaver Pediatric First Aid Course DVD
3. 2010 Guidelines Highlights (available at www.heart.org/cpr)
4. 2010 Guidelines, available for download on the Instructor

Network (IN)

5. 2011 Heartsaver First Aid CPR AED Instructor Manual
6. 2011 Heartsaver First Aid CPR AED DVD set
7. 2011 Heartsaver skills sheets for each student, available for download on the IN

B. Science of C-A-B: Available on the IN; Instructor **must** download. Once logged into the IN, follow this path: News > Guidelines > G2010 Interim Training Tools > G2010 Interim Training Videos > HS Sequence (For BLS and Heartsaver Instructors)

Lesson Map Changes

To teach the Heartsaver course, follow the Heartsaver Pediatric First Aid Lesson Maps from the 2006 Heartsaver Instructor Manual with the following modifications:

Heartsaver Pediatric First Aid:

2006 Lesson Map	Modification
– 7A-B	Remind students of C-A-B sequence in Finding the Problem—opening the airway.
16A-B	Remind students that 2010 Guidelines eliminated raising legs for shock.
23A	Remind students that 2010 Guidelines state to use ice and water, instead of ice only.
27	Remind students that 2010 Guidelines for heat stroke include immersion in cold water up to the chin.

Heartsaver Pediatric First Aid CPR AED:

2006 Lesson Map	Modification
A/C 1	Show C-A-B Sequence video to demonstrate new sequence. Remind students of changes: <ul style="list-style-type: none"> • Correct rate is at least 100 per minute • Correct depth is at least 2 inches
A/C 2	Remind students of new sequence of C-A-B.
A/C 5	Remind students of new sequence of C-A-B.
A/C 9	Remind students of new sequence of C-A-B.
A/C 10	Remind students of new sequence of C-A-B.
A/C 11	Remind students of new sequence of C-A-B.
A/C 12A-B	Remind students of new sequence of C-A-B.
A/C 13	Remind students of new sequence of C-A-B.
A/C 15	Remind students of new sequence of C-A-B.
A/C 19A-B	Remind students of new sequence of C-A-B; stop practice at turning on the AED.
A/C 19C	Delete this Lesson Map.
A/C 20A-C	Test student by using G2010 Heartsaver CPR AED Skills Sheet (available on the IN: Courses > Heartsaver > Heartsaver First Aid CPR AED > Course Resources > Heartsaver CPR AED Skills Sheet).
INF 1	Remind students of new sequence of C-A-B.
INF 2	Remind students of new sequence of C-A-B.
INF 4	Remind students of new sequence of C-A-B.
INF 6	Remind students of new sequence of C-A-B.
INF 7A-B	Remind students of new sequence of C-A-B.

INF 8A-B	Test student by using G2010 Heartsaver CPR AED Skills Sheet (available on the IN: Courses > Heartsaver > Heartsaver First Aid CPR AED > Course Resources > Heartsaver CPR AED Skills Sheet).
INF 10	Remind students of new sequence of C-A-B.