

Heartsaver® Pediatric First Aid

Connecticut Sample Schedule



Time	Session	Minutes
8:00	Welcome and Introductions	5
8:05	Interactions With Children and Child Safety/Prevention	30
8:35	Basics of First Aid	49
9:04	Medical Emergencies	85
10:29	Injury Emergencies	70
11:39	Environmental Emergencies	30
12:09	Lunch	
1:00	Eye Injuries, Fever, Bites	5
1:05	Suspected Abuse	30
1:35	Connecticut Supplemental Materials	
	Contagious Diseases	30
	Checking a Child's Temperature	10
	Vomiting	10
	Diapering	30
	Cleaning and Sanitizing	20
3:15	Adjourn	

Heartsaver[®]

Pediatric First Aid

Connecticut Specific Course Changes



According to the Connecticut State Child Care Regulations, the Heartsaver Pediatric First Aid course must be at least 6 hours. The following changes and schedule must be used when teaching the American Heart Association Heartsaver Pediatric First Aid course.

Connecticut Specific Changes

How to interact with kids 15 minutes — go over chart page 6-7

Stop Injuries Before They Happen 15 minutes — discuss car seats. Discuss Connecticut car seat law (copy attached). Discuss gun safety, bicycle/helmet and drowning safety in addition to video.

Glove practice for 10 minutes instead of 2 minutes

Discuss hand washing for 5 minutes instead of 1 minute in addition to video

Discuss/practice finding the problem for 10 minutes instead of 8 minutes

All testing over 10 minutes instead of 6 minutes

Injury Emergencies — Bandaging practice for 15 minutes instead of 8 minutes

Injury Emergencies — Splinting practice for 20 minutes instead of 8 minutes

Optional Topics — Discuss Connecticut abuse laws for 20 minutes in addition to video. Include copy of mandated reporter, reporting form and phone numbers (copy attached).